

That's a Great Question

Discussion Guide

Jesus Asked: "Who Touched My Garment?"

Pastor Mark Jobe

Starter What's the most unexpected or awkward question someone has ever asked you? Examples: Why are you so old? How much money do you make? Why don't you have hair anymore? Share a quick story.

Sermon Summary

This message explores how Jesus used the question "Who touched me?" in Mark 5 to reveal truth, draw out faith, and invite a personal encounter with Him. Through the story of the woman who reached for healing, we discover how honest faith and bold pursuit of Jesus can lead to transformation, restoration, and a deeper relationship with Him.

ACT

As you absorb sermons, read, or participate in group discussion, take notes and make a plan to apply what God's teaching you.

A (Action): Mark important ideas with an "A" to remind you to take action.

C (Contemplate): Use a "C" to mark ideas you want to process further.

T (Transfer/Teach): If it's something you need to teach to someone else, note it with a "T."

Read

What do these Scriptures teach you about God's character? (Read some or all verses together.)

[Mark 5:25-34](#)

[Matthew 9:20](#)

[Mark 11:24](#)

[Proverbs 18:21](#)

[Numbers 15:38-39](#)

[Malachi 4:2](#)

[Matthew 6:10](#)

[Philippians 2:6-8](#)

[Romans 5:8](#)

[Proverbs 13:12](#)

Discuss

Choose questions to keep the discussion moving. There's no need to discuss every question.

1. When you think about the question "Who touched me?", what do you think Jesus was really drawing out of the woman, and what might He be drawing out of you?
2. What is something in your life you've been carrying for a long time and how has it affected your faith or expectation that things could change?
3. In moments of desperation, do you tend to move toward Jesus or pull away from Him? Why do you think that is?

4. What fears, doubts, or past experiences might be holding you back from fully reaching out to Jesus in faith?
5. What would it look like for you personally to move from being “in the crowd” around Jesus to having a real, intentional encounter with Him?

Go Deeper

1. Study Mark 10:46–52 (blind Bartimaeus cries out to Jesus). What is one thing you need to boldly and specifically ask Jesus for instead of staying silent or holding back?
2. Study Luke 5:17–26 (the paralyzed man lowered through the roof). What obstacle—internal or external—might be keeping you from fully bringing your need to Jesus, and what would it look like to push past it in faith?

Apply

1. Take time this week to tell Jesus the “whole truth” about what you’re facing—your fears, doubts, and struggles—trusting that honesty is where healing begins.
2. Pay attention to what you’re saying about your situation and intentionally begin speaking truth and hope rooted in God’s promises instead of defeat.
3. Identify one area where you’ve been holding back and choose a tangible step of faith—whether it’s asking for prayer, stepping into community, or trusting God again in that situation.

Pray

Here are some prayer points:

1. Ask the Lord to help you with complete honesty—no hiding, no pretending. Pray for the courage to tell God the whole truth of what you’re facing.
2. Ask the Lord to strengthen your faith and to help you reach for Him even when you feel afraid, discouraged, or uncertain. Pray for God’s love to fill you so you can trust that He’s willing and able to meet you right where you are.
3. Ask the Lord to help you step out of the crowd to have a real encounter with Him. Pray that your faith connects with God’s presence and promises to bring transformation in your life.

Leadership Tip

As you lead, resist the urge to quickly teach, fix, or move the conversation along. When people share struggles or doubts, slow down, ask gentle follow-up questions, and affirm their courage to be honest. Real transformation often begins when people feel safe enough to tell the truth.